



# HERITAGE & HARMONY

This itinerary offers a balanced mix of historical exploration, outdoor adventure, cultural experiences, and relaxation, ensuring you enjoy the best of what Gaston County has to offer.



## Day 1: Explore Kings Mountain & Gastonia

Explore the Battle of Kings Mountain to learn about this pivotal Revolutionary War battle, or take a long hike searching for expansive views. Enjoy a wine-tasting session at a scenic vineyard, perhaps paired with a charcuterie board picnic lunch. Later, explore Gastonia's dining scene in an art deco-style theater turned steakhouse, then treat yourself to homemade ice cream from a historic ice cream shop. In the evening, visit the Gastonia Social District for vibrant downtown fun, including bars, shops, and live entertainment.

Morning: **Kings Mountain National Military Park**  
1A 2625 Park Rd, Kings Mountain, SC

**Crowders Mountain State Park**  
522 Park Office Ln., Kings Mountain, SC

Afternoon: **Veronét Vineyards**  
1B 1549 Ike Brooks Dr, Kings Mountain, NC

Evening: **Webb Custom Kitchen**  
1C 182 S South St, Gastonia, NC

**Tony's Ice Cream**  
604 E Franklin Blvd, Gastonia, NC

**Explore Downtown Gastonia**

## Day 2: Outdoor Adventure & Botanical Beauty

Start the day at one of two great local favorites for breakfast, followed by a scenic adventure paddling the South Fork of the Catawba River. If paddling isn't your thing, there are fantastic hiking opportunities nearby. Enjoy a relaxed lunch savoring some of the best BBQs in the area, then explore stunning gardens and horticultural displays. End your day relaxing on a beautiful lakefront patio, enjoying high-end dining. If you have time left, grab a pontoon boat for a ride on Lake Wylie and explore downtown Belmont.

Morning: **Spruced Goose Station**  
2A 100 Main St, McAdenville, NC

**The Boathouse**  
115 Willow Dr, McAdenville, NC

**Floyd & Blackie's**  
101 Center St, Cramerton, NC

**Confluence**  
117 Center St, Cramerton, NC

Afternoon: **Daniel Stowe Botanical Garden**  
2B 6500 South New Hope Rd, Belmont, NC

**RayNathan's BBQ**  
4571 S New Hope Rd, Gastonia, NC

Evening: **Drift on Lake Wylie**  
2C 315-M Lanyard Ln, Belmont, NC

**Morningstar Marina**  
315-K Lanyard Ln, Belmont, NC

**Explore Downtown Belmont**

## Day 3: Adventure & Relaxation

Start your morning with a hearty brunch at the Jonas Brothers' family restaurant in Belmont, offering Southern charm and delicious fare. Experience a range of outdoor activities, including whitewater rafting, zip-lining, rock climbing, hiking, and mountain biking—just as much fun to watch if you're not a thrill-seeker. Visit a local rum distillery in the oldest textile mill to sample their craft spirits. When hunger strikes, try some BBQ, then enjoy shopping and exploring the charming downtown area of Mount Holly. Make sure to save time to fully experience all that downtown Mount Holly has to offer.

Morning: **Nellie's Southern Kitchen**  
3A 36 N Main St, Belmont, NC

Afternoon: **Whitewater Center**  
3B 5000 Whitewater Center Pkwy, Charlotte, NC

Evening: **Muddy River Distillery**  
3C N Main St, Mount Holly, NC

**Firehawk Brewpub**  
309 N Main St, Mount Holly, NC

**Explore Downtown Mount Holly**

